

A Humanizing Dimension for Legal Education
A Short List of Suggested Reading

I. FOR LAW STUDENTS:

A. Advice from Law Teachers

Franceze, Paula A., Throw Your Fears Out the Window, (R.R. Donnelly, 1997)

Krieger, Lawrence S., The Hidden Sources of Law School Stress – Avoiding the Mistakes that Create Unhappy and Unprofessional Lawyers (2005)

And: Introduction, Part One and Part Two of: *What We're Not Telling Law Students - and Lawyers - That They Really Need to Know: Some Thoughts-in-Action Toward Revitalizing the Profession From its Roots*, 13 J. L. and Health 1 (1998-9)

Schiltz, Patrick J., *On Being a Happy, Healthy, and Ethical Member of an Unhappy, Unhealthy, and Unethical Profession*, 52 Vanderbilt L. Rev. 871 (1999)

B. Why it's Important to Pay Attention to these Questions
(Understanding the Problems in the Profession and in Law Schools)

Beck, Connie J.A. et al., *Lawyer Distress: Alcohol-Related Problems and Other Psychological Concerns Among a Sample of Practicing Lawyers*, 10 J. L. and Health 1 (1995)

Daicoff, Susan, *Lawyer, Know Thyself: A Review of Empirical Research on Attorney Attributes Bearing on Professionalism*, 46 Am. U. L. Rev. 1337 (1997) (and see other related works by this author)

Making Docile Lawyers: An Essay on the Pacification of Law Students, 111 Harv. L. Rev. 2027 (1998) (Harvard Law Student experience and Note)

Also see the Schiltz article, listed above, and these short psychology articles that demonstrate why the commercial emphasis in the profession is not working well for lawyers:

Kasser, Tim & Richard M. Ryan, *A Dark Side of the American Dream: Correlates of Financial Success as a Central Life Aspiration*, 65 J. Pers. & Soc. Psychol. 410 (1993); and *Further Examining the American Dream: Differential Correlates of Intrinsic and Extrinsic Goals*, 22 Personality & Soc. Psychol. Bull. 281 (1996)

C. Personal Development, Well Being, and Emotional Health

(also see "Advice from Law Teachers", above)

Covey, Stephen R., The 7 Habits of Highly Effective People (Simon & Schuster, 1989)

Jeffers, Susan, Ph.D., End the Struggle and Dance with Life (St. Martin's Press, 1996)

Keeva, Steven, Transforming Practices (Contemporary Books, 1999)

Seligman, Martin E.P., Ph.D., Authentic Happiness (Simon & Schuster, 2002), and
Learned Optimism (Simon & Schuster, 1990)

D. More Food for Thought

Becoming a Lawyer: A Humanistic Perspective on Legal Education and Professionalism
(Dvorkin, Himmelstein and Lesnick, eds) (West, 1981)

Iijima, Ann L., *Lessons Learned: Legal Education and Law Student Dysfunction*, 48 J.
Legal Educ. 524 (1998)

Sells, Benjamin, The Soul of the Law (Element, 1994)

II. FOR LAW TEACHERS/ADMINISTRATORS

A. The Problem, or Why We Should be Thinking About These Things

Beck, Connie J.A. et al., *Lawyer Distress: Alcohol-Related Problems and Other Psychological Concerns Among a Sample of Practicing Lawyers*, 10 J. L. and Health 1 (1995)

Daicoff, Susan, *Lawyer, Know Thyself: A Review of Empirical Research on Attorney Attributes Bearing on Professionalism*, 46 Am. U. L. Rev. 1337 (1997) (and see other related works by this author)

Iijima, Ann L., *Lessons Learned: Legal Education and Law Student Dysfunction*, 48 J.
Legal Educ. 524 (1998)

Kasser, Tim & Richard M. Ryan, *A Dark Side of the American Dream: Correlates of Financial Success as a Central Life Aspiration*, 65 J. Pers. & Soc. Psychol. 410 (1993);
and: *Further Examining the American Dream: Differential Correlates of Intrinsic and Extrinsic Goals*, 22 Personality & Soc. Psychol. Bull. 281 (1996)

Note: Making Docile Lawyers: An Essay on the Pacification of Law Students, 111 Harv. L. Rev. 2027 (1998) (Harvard Law Student experience)

Schuwert, Robert P., *The Law Professor as Fiduciary: What Duties Do We Owe Our Students?*, 45 S. Tex. L.R.753 (2004)

Shanfield, Stephen B. & Benjamin, G. Andrew H., *Psychiatric Distress in Law Students*, 35 J. Leg. Educ. 65 (1985), and Benjamin, et. al., *The Role of Legal Education in Producing Psychological Distress Among Law Students and Lawyers*, 1986 Am. B. Found. Res. J. 225

Sheldon, K. and Krieger, L., *Does Legal Education Have Undermining Effects on Law Students? Evaluating Changes in Motivation, Values, and Well-Being* 22 Behav. Sci. and Law 261 (2004)

B. Constructive Proposals, Teaching Approaches, Useful for Classes, etc.

Becoming a Lawyer: A Humanistic Perspective on Legal Education and Professionalism (Dvorkin, Himmelstein and Lesnick, eds.), (West, 1981). (Note: This is a textbook that was created for related purposes.)

Cramton, Roger C., *Beyond the Ordinary Religion*, 37 J. Leg. Educ. 509 (1987)

Glesner Fines, Barbara, *Competition and the Curve*, 65 U.M.K.C. L. Rev. 879 (1997)

Hess, Gerald F., *Heads and Hearts: The Teaching and Learning Environment in Law School*, 52 J. Legal Educ. 75, no. 1&2 (2002)

Krieger, Lawrence S., The Hidden Sources of Law School Stress – Avoiding the Mistakes that Create Unhappy and Unprofessional Lawyers (2005) (a booklet to assign for classes or programs)

Institutional Denial About the Dark Side of Law School, and Fresh Empirical Guidance for Constructively Breaking the Silence, 52 J. Legal Educ. 112, no. 1&2 (2002)

Part Three of: *What We're Not Telling Law Students - and Lawyers - That They Really Need to Know: Some Thoughts-in-Action Toward Revitalizing the Profession From its Roots*, 13 J. L. and Health 1 (1998-9)

McKinney, Ruth Ann, *Depression and Anxiety in Law Students: Are We Part of the Problem and Can We Be Part of the Solution?* 8 Legal Writing 229 (2002)

Mixon, John, and Robert P. Schuwert, *The Personal Dimension of Professional Responsibility*, 58 Law & Contemporary Problems 87, (1995, nos. 3 & 4)

Morin, Laurie A., *Reflections on Teaching Law as Right Livelihood: Cultivating Ethics, Professionalism, and Commitment to Public Service From the Inside Out*, 35 *Tulsa L. J.* 227 (2000)

Pang, Calvin G. C., *Eyeing the Circle: Finding a Place for Spirituality in a Law School Clinic*. 35 *Willamette L. Rev.* 241 (1999)

Schiltz, Patrick J., *On Being a Happy, Healthy, and Ethical Member of an Unhappy, Unhealthy, and Unethical Profession*, 52 *Vanderbilt L. Rev.* 871 (1999)