

Online Resources for

CREATING WORK-LIFE EXCELLENCE

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Bibliography, Resources and Suggested Readings

Bibliography: Diversity (Online Resources)

http://www.poynter.org/research/biblio/bib_rg.htm

Mentor-Muse Bookstore for Lawyers <http://www.mentor-muse.com/bookstore/bookstore.html>

Workplace issues

1. *Building Community at Work*

Solo and Small Law Firm Discussions

<http://www.atlantabar.org/spsf/forums/>

Renaissance Lawyer Society www.renaissancelawyer.com

Healthsmith <http://healthsmith.com/>

Lateral Integrations Pages, Professional Development Counsel

<http://www.pdcounsel.com/lateral.html>

2. *Alternative practices styles*

Collaborative Law and Collaborative Divorce:

www.collaborativedivorce.com

The International Academy of Collaborative Professionals:

www.collabgroup.com

New York Collaborative Law Group www.collaborativelawgroup.com

EPIIgram Collaborative Lawyering:

<http://www.cba.org/CBA/EPIIgram/June2001/>

EPIIgram Preventive Lawyering:

<http://www.cba.org/CBA/EPIIgram/March2002/>

Holistic Law, by Michael M Dolich,

<http://www.holisticlaw.org/lawyers.asp>

The Law Program of the Center for Contemplative Mind in Society

www.contemplativemind.org

The Center for Mediation in Law

<http://www.mediationinlaw.org/homepage.html>

The Mediation Center - Civil & Workplace Mediation Training Manual

Table of Contents <http://www.to-agree.com/table.htm>

Center for Professional Values and Practice, New York Law School

<http://www.nyls.edu>

Program on Negotiation at Harvard Law School (PON)

www.law.harvard.edu/programs/PIL

The Institute for the Study of Conflict Transformation

<http://www.transformativemediation.org/>

Introduction to the Comprehensive Law Movement, Susan Daicoff

<http://www.fcsi.edu/faculty/daicoff/The%20Comprehensive%20Law%20Movement.htm>

Community Lawyer <http://www.communitylawyer.org/>

Therapeutic Justice www.therapeuticjurisprudence.org.

National Center for Preventive Law <http://NCPLAW.org>

Preventive Law Reporter <http://www.preventive-law.org>

Center for Restorative Justice and Peacemaking, University of Minnesota <http://ssw.che.umn.edu/rjp/>

Center for Restorative Justice Training
<http://ssw.che.umn.edu/rjp/Seminars.html>

National Association for Public Interest Law <http://www.napil.org/>

3. Business and work

New Lawyer Survival Guide <http://www.lweekly.com/newlawr.htm>

Welcome to Lawoffice.com - over one million lawyers and information about the law. <http://www.lawoffice.com/>

The Work911.com Main Page <http://www.work911.com/>

SBA - Starting Your Business - Business Plans
<http://www.sba.gov/starting/indexbusplans.html>

Practice Management <http://www.aaml.org/practice.htm>

SBA - Starting Your Business - Business Plans
<http://www.sba.gov/starting/indexbusplans.html>

American Society of Association Executives
<http://www.asaenet.org/main/>

Professional Development Counsel, Conflict Resolution Pages
<http://www.pdcounsel.com/conflict.html>

4. *Client Service*

4. Interdisciplinary Training in the Basics of: Collaborative Law and Collaborative Divorce www.collaborativedivorce.com

EPIIgram Connecting you're your Clients:

<http://www.cba.org/CBA/EPIIgram/sept2001/>

CBA "Lawyers Care" Initiative

<http://www.cba.org/CBA/LCI/Main/>

ABA Center for Professional Responsibility, Model Rules for Client Protection <http://www.abanet.org/cpr/clientpro/home.html>

ABA CPR Index of State Professionalism Codes

<http://www.abanet.org/cpr/profcodes.html>

5. *Corporate Culture*

Building the Collaborative Culture, Professional Development Counsel <http://www.pdcounsel.com/collaborative.html>

The Official Robert's Rules Of Order Web Site

<http://www.robertsrules.com/>

Health Smith Wellness, Workplace Wellness

<http://healthsmith.com/>

Ariel & Shya Kane: <http://www.ask-inc.com/articles/>
"Transformation in the Workplace" and other programs

6. Diversity

Bibliography: Diversity (Online Resources)

http://www.poynter.org/research/biblio/bib_rg.htm

National Association of Gender Diversity Training

<http://www.gendertraining.com/>

Career Strategy - Business Support - Diversity Recruiting

<http://www.advancingwomen.com/>

CBA Standing Committee on Equality

<http://www.cba.org/CBA/Equality/Equality/default.asp>

CBA Racial Equality Implementation Committee

http://www.cba.org/CBA/Equality/Racial_Equality/

ABA LPM Diversity Commitment and Resources

http://www.abanet.org/lpm/bestpractices/articles/bp195_front.shtml

The Need for Diversity Becomes More Urgent,

<http://www.pdcounsel.com/need%20for%20diversity.html>

7. **Meaningful Work and Life** (see also spirituality and law, inspiration and spiritual practices)

Renaissance Lawyer Society www.renaissancelawyer.com

8. Practice Development and Marketing

CBA Law Practice Management and Technology Section

<http://www.cba.org/CBA/Sections/lpm/>

CBA LPM&T Section Newsletters

<http://cba.org/CBA/newsletters/lpmt-2002/>

ABA Law Practice Section Publications Catalogue

<http://www.abanet.org/lpm/catalog/>

ABA Law Practice Management Magazine

<http://www.abanet.org/lpm/magazine/home.shtml>

ABA Law Practice Quarterly

<http://www.abanet.org/lpm/newsletters/home.shtml>

Practice Development Counsel, Next Generation Pages

<http://www.pdcounsel.com/nextgen.html>

Law Firm Marketing Institute <http://www.lfmi.com/>

Marketing Articles, PDG at ACT Training <http://www.gopdg.com/>

Paul & Sarah Edwards authors of *Getting Business to Come to You* - helps you define your answer to "what kind of law do you practice"

<http://www.paulandsarah.com>

Jump Start Your Business Brain Doug Hall - A FREE downloadable 60 min book on tape: Click on "The Book" <http://www.doughall.com>

Writing an Effective Press Release,

http://www.gotomarketstrategies.com/tip_04_02.htm

Altman Weil Articles <http://www.altmanweil.com/about/articles.cfm>

Catalyst Consulting Articles

<http://www.catalystlegal.com/Articles.htm>

9. **Technology** (see also Stress Release)

Epiphany Online Glossary of Terms, Writing using technology

<http://www.has.vcu.edu/epiphany/materials/glossary.htm>

Canadian Society for the Advancement of Legal Technology:

<http://www.csalt.on.ca/>

10. Time Management (See productivity)

Successful Meetings Magazine: Welcome!

<http://www.successmtgs.com/>

11. Training

Interdisciplinary Training in the Basics of: Collaborative Law and

Collaborative Divorce www.collaborativedivorce.com

The Mediation Center - Civil & Workplace Mediation Training Manual

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Center for Restorative Justice Training

<http://ssw.che.umn.edu/rjp/Seminars.html>

12. Workplace Culture

The Project for Attorney Retention www.pardc.org

Professional Women's Issues

Commission on Women in the Profession

<http://www.abanet.org/women/home.html>

Women Women's Web <http://www.womweb.com/>

CoolWomen <http://www.coolwomen.org/coolwomen/coolwome.nsf>

23rd National Women and Law Conference—Home

<http://www.womlaw.org/>

Speaking out on harassment

<http://groucho.admin.unc.edu/endeavors/spr97/harass.html>

The Project for Attorney Retention www.pardc.org

Women's Health <http://www.nytimes.com/women/>

The National Women's Hall of Fame <http://www.greatwomen.org/>

Women's Interest Network | ABA - Section of International Law

<http://www.abanet.org/intlaw/divisions/general/win.html>

Resources of Scholarly Societies - Women's Issues

http://www.lib.uwaterloo.ca/society/women_soc.html

National Association of Gender Diversity Training

<http://www.gendertraining.com/>

CBA Standing Committee on Equality

<http://www.cba.org/CBA/Equality/Equality/default.asp>

Catalyst: Research and Advisory Organization to Advance Women in Business <http://www.catalystwomen.org/home.html>

Womens health, fitness, book and music reviews at Concerning Women.com <http://www.concerningwomen.com/>

Craftygal - encouraging self-expression <http://www.craftygal.com/>

National Conference of Women's Bar Associations

<http://www.ncwba.org/Links.htm>

National Association of Women Lawyers - American Bar Association

<http://www.abanet.org/nawl/>

Institute for Women's Leadership

http://www.womensleadership.com/alumnaesubpage/news_coach_arcv.html

Career Strategy - Business Support - Diversity Recruiting

<http://www.advancingwomen.com/>

An online career resource for women: <http://www.career-intelligence.com/>

Health issues: Pleiades (An Internet Resource for Women)

<http://cosmos.netgate.net/>

Bibliography: Diversity (Online Resources)

http://www.poynter.org/research/biblio/bib_rg.htm

Women~ Business~ Spirituality: A New Formula for Leadership:

www.WomenBusinessSpirituality.com

[The Unfinished Agenda: Women and the Legal Profession](#), by Deborah Rhode for the ABA Commission on Women in the Legal Profession (2001, available at <http://www.abanet.org/women>)

[More Than Part Time: The Effect of Reduced-Hours Arrangements on the Retention, Recruitment, and Success of Women Attorneys in Law Firms](#) (Women's Bar Association of Massachusetts, 2000) *available at* <http://womenlaw.stanford.edu/mass.rpt.html>

Women in Law: Making the Case (Catalyst 2001)

[Consider Offering Part-Time](#) (Legal Times, Oct. 2, 2000)

[Center for Gender in Organizations](#), Simmons Graduate School of Management (numerous articles available at the [publications page](#))

[The National Partnership for Women and Families](#)

Catalyst [Catalyst](#)

The Glass Ceiling [The Glass Ceiling](#)

Working Woman [Working Woman](#)

Family Issues

Important Studies, Work & Family Connection

<http://www.workfamily.com/open/studies.htm>

Families and Work Institute <http://www.familiesandwork.org/>

Young Professionals Have High Ambitions for Work/Life Excellence,
Professional Development Counsel

<http://www.pdcounsel.com/survey%20work%20life.html>

[*Results of Lawyers, Work and Family: A Study of Alternative Schedule Programs at Law Firms in the District of Columbia*](#), Chanow, Linda Bray, available on the Women's Bar Association of the District of Columbia website (www.wbadc.org)

[*Facing The Grail: Confronting the Cost of Work-Family Imbalance*](#), Report of the Boston Bar Association Task Force on Professional Challenges and Family Needs (Boston Bar Association, 1999, available at www.bostonbar.org)

Bennett, Shaunna, [*Call for Work that Works for Families and Profit*](#) (American University News, 2000)

Ostrow, Ellen, [*Beyond The Billable Hour*](#), newsletter about work/life balance for attorneys (www.lawyerslifecoach.com)

[*Consider Offering Part-Time*](#) (Legal Times, Oct. 2, 2000)

[The Washington Work/Life Coalition](#)

[Boston College Center for Work & Family](#)

[The National Partnership for Women and Families](#)

[Cornell Employment and Family Careers Institute](#)

[The Center for Working Families](#)

[Families and Work Institute](#)

[Work-Family Researchers Electronic Network](#), sponsored by the
Alfred P. Sloan Foundation

[Center for Work & Family](#)

[Montgomery Work/Life Alliance](#)

[Working Moms Refuge](#)

[Working Mother](#)

[Radcliffe Public Policy Center](#)

[The Kunz Center for the Study of Work & Family](#), Department of
Sociology at the University of Cincinnati

Personal Development

1. Lawyer Psychology

Susan Daicoff – About Lawyers and Psychology or Stress

<http://users.law.capital.edu/sdaicoff/> or

<http://www.fcsi.edu/faculty/daicoff/law.htm>

Tests, Tests, Tests... <http://queendom.com/tests.html#personality>

Emotional Intelligence

http://www.renaissancelawyer.com/emotional_intelligence.htm

2. Coaching

Lawyer Coaches Directory, www.lawyercoaches.com

International Coach Federation, www.coachfederation.com

Professional Development Counsel

www.pdcounsel.com/authenticworks.html

Ellen Ostrow www.lawyerslifecoach.com and

<http://www.midlifementor.com/newsletters/bulletin1.html>

Cheryl Stephens, Mentor/Muse www.mentor-muse.com

Professional Development Group at ACT Training www.pdg.com

Irene Leonard <http://coachingforchange.com>

3. Creative Thinking, Intuition and Innovation

Thinking Page <http://www.thinking.net/>

Unleashing Your Creativity

<http://www.silk.net/personal/tperrin/articles/unleash.htm>

Innovation and creativity in the corporate workplace

<http://www.thebesemer.com/currentmarketplace.html>

McGill Center for Creative Problem Solving, California Western
School of Law, http://www.cps.cwsl.edu/mcgill/mc_main.html

4. Leadership

Themis Assembly, www.themisassembly.com Leadership Training

Renaissance Lawyer Society www.renaissancelawyer.com

Organizations, Special Projects and List Serves

List of ABA Entities <http://www.abanet.org/entity.html>

Renaissance Lawyer Society www.renaissancelawyer.com

American Society of Association Executives

<http://www.asaenet.org/main/>

International Alliance of Holistic Lawyers: <http://www.iahl.org/>

Canadian Bar Association <http://cba.org>

CBA Emerging Professional Issues Initiative
<http://www.cba.org/CBA/advocacy/epii/Epiigrams.asp>

Health and Wellness

1. Stress and Burnout and Healing

New South Wales Bar Association, BarCare Eleven Point Checklist for Stress:

http://www.nswbar.asn.au/Professional/BarCare/contents_barcare.htm

Mastering Stress (Quiz), Dr. Roger Gould

http://www.masteringstress.com/home_frames.asp?bhcp=1

Internet Stress Coach, LPAC, CBA <http://www.lpac.ca/stress.htm>

Beverly Potter, Ph.D.: on how to deal with specific burnout problems <http://Docpotter.com>

Conclusions on stress <http://www.personality.com/Stress/conclusion.html>

Ninth House Network – Great Work Tips – De-Stressing @ Work
<http://www.ninthhouse.com/essentials/tools/tip013.html>

"Stress and Burnout in Ministry," article by Rowland Croucher,
http://churchlink.com.au/forum/r_croucher/stress_burnout.html

2. Health & Wellness: Physical

Body, Mind, Modem: <http://bodymindandmodem.com>

Concierge.com: The Spa Poll from Condé Nast Traveler
<http://www.concierge.com/traveler/spapoll/intro.html>

Avoiding jet lag, preventing jet lag <http://www.doctor-travel.com/jetlag.html>

Women's Health <http://www.nytimes.com/women/>

Women's health, fitness, book and music reviews at Concerning Women.com <http://www.concerningwomen.com/>

HealthSmith Community Medical Clinic <http://healthsmith.com/>

3. Health and Wellness: Psychological Health and Self Esteem

the ENDespair Project: Hope & Healing To Transform the World of Work <http://www.endespair.com/>

Consulting Psychologists Press, Inc: Home Page
<http://www.mbti.com./text/index.htm>

HealthSmith Community Medical Clinic <http://healthsmith.com/>

Thinking Page <http://www.thinking.net/>

Women's Health <http://www.nytimes.com/women/>

The National Women's Hall of Fame <http://www.greatwomen.org/>

Catalyst: Research and Advisory Organization to Advance Women in Business <http://www.catalystwomen.org/home.html>

Self-Reliance, by Ralph Waldo Emerson --

<http://ra.msstate.edu/~kerjsmit/sr1-10.htm>

Improving Me! <http://www.improvingme.com/>

Character Education

http://www.safehealthyschools.org/character_education.htm

The Law Program of the Center for Contemplative Mind in Society

www.contemplativemind.org/law.html

A Meditation for Lawyers

http://www.renaissancelawyer.com/meditation_for_lawyers.htm

Meditation and Yoga pages <http://www.practiceinpractice.com/>

4. Health and Wellness: Substance Abuse Prevention and Treatment

ABA Commission on Lawyers Assistance Programs

<http://www.abanet.org/legalservices/colap/>

Legal Profession Assistance Conference, CBA <http://www.lpac.ca/>

Canadian LAPs <http://www.lpac.ca/laps.htm>

Judges' Assistance Program <http://www.jcp.ca/>

5. Humor/Irreverence/Fun

Body, Mind, Modem – Games

<http://bodymindandmodem.com/Games/Games.html>

The HUMOR Project <http://humorproject.com/>

Legal Humour - Rene Larson Law Offices

<http://www.renelarson.com/humour.html>

JD <http://www.callaw.com/cartoons/index.html>

Legal Humour.com - A Humorous Glance at the Legal Profession,
WITHOUT the Lawyer Jokes! <http://www.legalhumour.com/>

Nolo's Favorite Lawyer Jokes--Lawyers Obfuscate the Law

<http://www.nolo.com/jokes/obfusc.html>

Feral Cheryl Doll home <http://www.feralcheryl.com.au/>

Judicial Flavors - Irreverent Hot Sauces and Other Great Products

<http://www.judicialflavors.com/>

Managing to Have Fun and How to Work Like Your Dog, Matt
Weinstein, www.playfair.com

Body, Mind, Modem – Games

<http://bodymindandmodem.com/Games/Games.html>

6. Balance/Equilibrium

EPIIGram Work-Life Conflict - Achieving balance is a challenge for
lawyers: <http://www.cba.org/CBA/EPIIGram/january2002/>

The Live/Work Institute Forum <http://www.live-work.com/forum.html>

Managing to Have Fun and How to Work Like Your Dog, Matt Weinstein, www.playfair.com

Young Professionals Have High Ambitions for Work/Life Excellence, Professional Development Counsel
<http://www.pdcounsel.com/survey%20work%20life.html>

Core Values

1. Authenticity, Values and Integrity

Renaissance Lawyer Society www.renaissancelawyer.com

USA map with links to each state's rules of professional conduct for lawyers <http://www.abanet.org/adrules/>

2. Ethics and Integrity

ABA Center for Professional Responsibility Publications
<http://www.abanet.org/cpr/publications.html>

ABA CPR Legal Ethics <http://www.abanet.org/cpr/ethics.html>

ABA/BNA Lawyers' Manual On Professional Conduct

<http://www.abanet.org/cpr/manual.html>

Law Practice <http://www.legalethics.com/pa/practice/lawp.htm>

LII: American Legal Ethics Library

<http://www.law.cornell.edu/ethics/>

Legal Essays <http://www.LegalEssays.com/>

Legalethics.com: The Internet Ethics Site

<http://www.legalethics.com/>

Strategic Business Ethics Inc. International Management

Consultants <http://www.strategic-ethics.com/home.html>

Articles on workplace ethics <http://ethics.hypermart.net/article.html>

Managing ethics in the workplace and social responsibility (free handbook and some online training)

www.mapnp.org/library/ethics/ethics.htm

Ethics Sites, States: <http://www.legalethics.com/states.htm>

Ethics Articles: Legalethics.com

<http://www.legalethics.com/articles.htm>

Ethics Sites: Legal <http://www.legalethics.com/legal.htm>

ABA Center for Professional Responsibility Home Page

<http://www.abanet.org/cpr/home.html>

Making Ethical Decisions -- the Six Pillars of Character

<http://www.josephsoninstitute.org/MED/MED-6pillars.htm>

A Guide to Moral Decision Making

<http://www.ethics.ubc.ca/chrimac/publications/guide.html>

Character Education , Safe Schools

http://www.safehealthyschools.org/character_education.htm

3. Inspiration

Motivation

<http://transformingpractices.com> in support of the book
Transforming Practice: How to Find Joy and Satisfaction in the Legal Life, by Steven Keeva (sponsored by the ABA Journal, 1998).

Renaissance Lawyer Society <http://renaissancelawyer.com>

Find Satisfaction in the Law <http://www.findlaw.com/satisfaction/>

4. Spiritual Journey, Spiritual Practices, Spirituality and Work

Bringing Spirituality into the Workplace

<http://www.itstime.com/slinks.htm>

International Institute for Transformation

<http://www.iitransform.com/>

Spirited Living: Resources

<http://www.spiritedliving.com/resources.html>

Women~ Business~ Spirituality: A New Formula for Leadership:

www.WomenBusinessSpirituality.com

HEAL Foundation <http://www.healfoundation.org/>

5. Vision and Wisdom

Deconstructive Practice and Legal Theory-- Part I

<http://www.yale.edu/lawweb/jbalkin/articles/decprac1.htm>

Thinking Page <http://www.thinking.net/>

Career and Professional Development

1. Career Development

Scribes -- The American Society of Writers on Legal Subjects

<http://www.shepards.com/scribes/home.htm>

career-intelligence.com - An online career resource for women. We provide advice, information and exercises to help with career planning, job transitioning and career management.

<http://www.career-intelligence.com/>

American Society of Association Executives

<http://www.asaenet.org/main/>

CareerMagazine:

http://www.careermag.com:80/db/cmag_careerlinks

CBA CareerSite: <http://cba.org/CBA/career/careersite.asp>

ABA Career Counsel

<http://www.abanet.org/careercounsel/students.html>

2. Communication

World Verbal Self-Defense League

<http://www.worldvdsdleague.com/>

Active Listening <http://www2.tltc.ttu.edu/Zanglein/ADR/active.htm>

International Listening Association <http://listen.org/>

Speaking Tips

<http://www.presentations.com/deliver/speak/index.html>

Independent Noncredit Courses in Technical Communication

<http://www.io.com/~hcexres/tcm1603/noncredit.html>

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Training & Presentations - LLRX.com Resource Center

<http://161.58.34.171/resources3.htm>

Virtual Presentation Assistant - University of Kansas-Department of Communication Studies

<http://www.ukans.edu/cwis/units/coms2/vpa/vpa.htm>

Effective Presentations

<http://www.presentingsolutions.com/effectivepresentations.html>

Presentations.com <http://www.presentations.com/>

Program on Negotiation at Harvard Law School (PON)

www.law.harvard.edu/programs/PIL

Canadian Bar Association "7 Keys to Great Client Service"

http://www.cba.org/LCI/Lawyers_Care_Initiative/7_keys.asp

Lawyers for Literacy

<http://www.plainlanguagenetwork.org/LawyersforLiteracy/>